

## Professor Hannah Dahlen's Top Resources for Mums

Below are some web links that pregnant women and mums will find useful, informative, fascinating and at times downright exciting!

Cochrane Systematic Reviews

<http://www.cochrane.org/cochrane-reviews>

Raising Children Network

<http://raisingchildren.net.au>

Childbirth Connection

<http://www.childbirthconnection.org>

The Conversation articles:

Episiotomy

<https://theconversation.com/episiotomy-during-childbirth-not-just-a-little-snip-36062>

Birth Intervention

<https://theconversation.com/birth-intervention-and-harm-more-likely-in-private-hospitals-26801>

Birth Intervention – Caesarians

<https://theconversation.com/forget-too-push-to-push-doctors-are-behind-the-rise-in-c-sections-4986>

Call the Midwife

<https://theconversation.com/call-the-midwife-playing-catch-up-with-australias-maternity-care-22544>

Instrumental Vaginal Birth

<https://theconversation.com/from-barber-surgeons-to-car-mechanics-the-technologies-of-vaginal-birth-20474>

One-on-one Midwife Care

<https://theconversation.com/one-on-one-midwife-care-costs-the-public-health-system-less-study-18277>

Midwife-led Continuity of Care

<https://theconversation.com/one-on-one-midwife-care-linked-to-lower-risk-of-premature-birth-17313>

Delayed Cord Cutting

<https://theconversation.com/are-we-cutting-umbilical-cords-too-soon-after-birth-15420>

Home Birth

<https://theconversation.com/study-of-low-risk-women-reveals-good-news-on-the-home-birth-front-15236>

Giving Birth Upright

<https://theconversation.com/stand-and-deliver-upright-births-best-for-mum-and-bub-13095>

Water Birth

<https://theconversation.com/mondays-medical-myth-water-births-are-risky-9783>

Can Caesarean Sections Increase Susceptibility to Disease?

<https://theconversation.com/can-caesarean-sections-increase-susceptibility-to-disease-12334>

Oxytocin: The Hormone of Love

<http://health.ninemsn.com.au/pregnancy/labourandbirth/695097/oxytocin-the-hormone-of-love-and-birth>

Keep Fear out of the Birth Room

<http://sheenabyrom.com/2014/06/15/keep-fear-out-of-the-birth-room-an-interview-with-professor-hannah-dahlen/>

Understanding the Pain of Childbirth

<http://www.smh.com.au/lifestyle/why-is-childbirth-still-such-a-pain-20140420-36yh4.html>

Microbirth – A Film

<http://microbirth.com>

The Face of Birth – A Film

[http://www.faceofbirth.com/blog/Face\\_of\\_Birth\\_BLOG/tag/Hannah\\_Dahlen/](http://www.faceofbirth.com/blog/Face_of_Birth_BLOG/tag/Hannah_Dahlen/)

The Roar Behind the Silence – The Book

<http://www.pinterandmartin.com/the-roar-behind-the-silence.html>



Hannah Dahlen is a Professor of Midwifery in the School of Nursing and Midwifery at the University of Western Sydney (UWS). Hannah is a past National President of the Australian College of Midwives and she sits on several peak National and State committees. Hannah is also an Eligible Midwife and practises in *Midwives@Sydney and Beyond* private group practice in Sydney. Hannah has had national and international success with grants, having published more than 100 papers. She has given papers

at over 100 conferences and seminars with half of these being invited keynote addresses. Hannah's strong international collaborations led her to become co-founder of the international research collaboration EPIIC (Epigenetic Impact of Childbirth). In November 2012 she was named in the *Sydney Morning Herald's* list of "100 people who change our city for the better". She was named as one of the leading science and knowledge thinkers for 2012 due to her research and public profile. Hannah currently supervises 10 higher degree students.